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Ex-Tory staffer gets 9 months for robocalls scandal

Judge calls incident 'an affront to the electoral process' PAGE 12

Tallying the Ice Bucket Challenge

Campaign raised $16.2M in Canada — and the federal gov't is kicking in another $10M PAGE 8

TIME TO LIGHT IT UP

THROW OUT THAT OLD TANGLE OF BULBS —X-MAS TIME IS NOW LASER TIME PAGE 26

EPIC ENTREPRENEUR

Joelle Parenteau, founder and CEO of Ottawa's Epic Perks, spearheaded the movement behind National Entrepreneurs' Day in Ottawa. On Monday the city announced the event will take place at this time next year. For more on the push to promote local startups, see page 3. JOE LOFARO/METRO

City 'blindsided' by museum plan

Snubbed. Mayor wanted new museum, says city should have been consulted

JOE LOFARO
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The City of Ottawa should have been consulted about what to do with the Canada Science and Technology Museum, says Mayor Jim Watson.

Speaking outside his office Wednesday, he told reporters that he is grateful for the $80.5 million the federal government is pumping in to renovate the mould- and asbestos-ridden building but wishes he could have had some input on the museum's future and had hoped that a new museum would be built downtown.

The building, which has been at 1867 St. Laurent Blvd. in Ottawa's east end since 1967, closed abruptly on Sept. 11 after a maintenance crew detected high levels of airborne mould caused by a leaky roof.

Fixing the problem was complicated by the presence of asbestos in the roof.

"My preference would have been that there would have been proper consultation with the community and the science and tech industry and to see if there is private-sector investment that could come to the table to help build a truly national science and tech museum that we could be proud of," said Watson.

"We missed an opportunity to have a much more vibrant museum than what we're going to have on St. Laurent Boulevard."

As he has suggested in the past, Watson had hopes for talks of bringing the museum to a more central, downtown location or in LeBreton Flats, instead of its current "off the beaten trail" spot on St. Laurent Boulevard.

Building a brand new museum would have cost taxpayers hundreds of millions of dollars, according to Canadian Heritage Minister Shelly Glover, whose ministry is funding the renovation project.

Requests-for-proposals related to the overhaul are expected to go out this week.

WITH FILES FROM METROLAND NEWS SERVICE

Quoted

"We missed an opportunity to have a much more vibrant museum than what we're going to have on St. Laurent Boulevard."

Mayor Jim Watson

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NEWS

Implications

Toronto's court battle with Uber will affect Ottawa: Mayor

Toronto's legal challenge against Uber will dictate how Ottawa deals with the ride-sharing service currently targeted by municipal bylaw officials, said Mayor Jim Watson on Wednesday.

On Tuesday, the City of Toronto filed an injunction against Uber to cease all of its operations for allegedly breaking municipal taxi bylaws.

Uber drivers operate vehicles without a taxi licence and are connected to customers through a smartphone app.

Toronto's mayor-elect John Tory said in a statement "Uber is here to stay" and "it is time our regulatory system got in line with evolving consumer demands in the 21st century."

Watson, however, says the company needs to play by the rules — which he, unlike Tory, is not willing to change.

"It's obviously that awkward period between the transition of two mayors — the city's doing one thing, and the new mayor has a different opinion," said Watson.

"A multinational company coming in here and simply snubbing their nose at our bylaws and provincial and federal ... rules is not the way to conduct business."

Watson is keen on seeing what happens in court in Toronto, saying the outcome there "will have implications for the rest of the province, if not the country."

JOE LOFARO/METRO

Mayor Jim Watson says he's proud to celebrate local business and says entrepreneurs put a lot on the line opening their ventures. JOE LOFARO/METRO

Entrepreneurs get their very own day

Next year. National Entrepreneurs' Day aims to give small business a bigger public profile

JOE LOFARO
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Ottawa entrepreneurs seem to be taking notes from U.S. President Barack Obama.

Ottawa will be the first Canadian city to mark National Entrepreneurs' Day next November — a campaign modelled after the event was officially proclaimed by the American president this year.

Mayor Jim Watson invited a number of local entrepreneurs to his office to make the announcement with members of Ottawa Media Group, which is promoting the event.

Joelle Parenteau, founder and CEO of EpicPerks.com, came up with the idea. She became an entrepreneur herself with the opening of her business less than two years ago.

Her startup provides small-business members with corporate rates on core business services, which include everything from shipping to office supplies.

The idea behind National Entrepreneurs' Day is to formally celebrate local entrepreneurship and give smaller companies a bigger profile in the city, according to Parenteau.

"My experience has been amazing and it's such an adventure — more rewarding than anything else I've ever done — so I want more people to know that you can do that," she explained. "I want people to understand it is a viable career choice."

She is already seeking feedback from her peers in the business community about how to pull off the big day in 2015. A shinny hockey game between entrepreneurs is one idea under consideration, she said.

Another goal of the movement is to lobby the federal government to have the event spread to other Canadian cities.

Anyone who has been living in Ottawa long enough will know that Watson's itinerary often includes an opening of a store or two on a given day.

But it's something he said he is proud to keep doing.

"Some people scoff at it," he said. "I say it's the least I could do, because these individuals are taking a lot of risk, putting out a lot of their own money, borrowing money, relying on friends to pull everything together for the very special day when you open that particular business."

More information about the event is available at entrepreneurshipday.ca.

Cuts. CTV Ottawa staffers among 80 laid off by national TV network

The axe fell at CTV Ottawa on Wednesday.

Laid off were reporter John Hua, producer Jonathan Rotondo and as many as three people in administration locally.

In total, Bell Media shed 80 employees across the national network due to "financial pressures due to dwindling ad sales," said CTV Ottawa General Manager Richard Gray.

"It's an extremely challenging time for television," said Gray. "These layoffs were unavoidable."

This is the second major round of layoffs at Bell Media this year. In June, Bell Media laid off 120 employees, also citing poor revenues from tepid ad sales.

DENIS ARMSTRONG/FOR METRO

CTV Ottawa says two reporters and as many as three administration staff lost their jobs. FACEBOOK

Price tag. Grits' decision on teacher contracts cost Ontario $468M: Auditor

Ontario's auditor general says Premier Kathleen Wynne's decision to reopen contracts for teachers last year cost taxpayers nearly half a billion dollars.

Public school teachers withdrew from extracurricular activities and staged large protests after the Liberals legislated contracts with a two-year wage freeze in 2012.

Wynne agreed to reopen negotiations with the Elementary Teachers Federation and the Ontario Secondary School Teachers' Federation after she became premier in early 2013.

THE CANADIAN PRESS

Trees of Hope

Festive cheer and supporting a good cause at Chateau

The Chateau Laurier kicks off its festive season on Monday, Nov. 24 with its 17th annual Trees of Hope for the Children at CHEO, when corporate teams will decorate Christmas trees followed by a tree-lighting ceremony and silent auction at 6:30 p.m.

Visitors get to view and vote for their favourite Trees of Hope entry throughout the Chateau Laurier until Jan. 4, 2015. Last year, 8,000 hotel visitors had to pick one winner out of 33 entries, raising more than $70,000. This year, the hotel hopes to beat that amount.

DENIS ARMSTRONG/METRO

Handmade gifts

Christmas shopping at a museum?

Looking for that one-of-a-kind Christmas present?

More than 70 exhibitors will be selling their unique handmade gifts, including artisanal cheeses, breads, treats, organic foods, fine spirits, artwork, original jewellery and fashion accessories at the Canadian Museum of History's fifth annual Christmas Market, which is taking over the Grand Hall from Nov. 27 through to Nov. 30.

Market hours are Thursday from 11 a.m. to 8 p.m., Friday to Sunday from 9:30 a.m. to 5 p.m.

DENIS ARMSTRONG/METRO

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Hearing on for G20 cop

Supt. Dave Fenton. Over 1,000 held in largest mass arrests in Canada's peacetime history

A senior police officer who ordered the arrests of hundreds during Toronto's G20 summit four years ago had no regard for their conduct or intentions when he issued his sweeping commands, a prosecution lawyer told the officer's disciplinary hearing on Wednesday.

Supt. Dave (Mark) Fenton has pleaded not guilty to a total of five charges of unlawful arrest and discreditable conduct stemming from two "kettling" incidents that occurred over the summit weekend.

The first took place on Saturday, June 26, 2010, hours after a small group of vandals smashed windows and set police cruisers alight.

Fenton ordered officers to box in protesters in front of a downtown hotel. More than 260 people were arrested and taken to a makeshift prisoner processing centre, which came under severe criticism for deplorable conditions.

The second incident occurred the next day when, six minutes after coming on shift, Fenton ordered police to keep scores of people standing for hours at a downtown intersection despite a severe thunderstorm that left them drenched.

"The order made in each case was, the evidence will show, indiscriminate," prosecution lawyer Brendan van Niejenhuis told the hearing taking place at Toronto Police headquarters.

Fenton's defence lawyer, Peter Brauti, cautioned that the disciplinary hearing was not a public inquiry. Brauti says the hearing is only dealing with two issues: whether Fenton had grounds to issue the arrest orders and whether he failed to monitor the processing and detention of those who had been arrested.

Brauti said it was also important to remember that Fenton was only working with the information he had.

"Accurate, inaccurate — what was the information that he had, what was his decision based on?" he asked. "That goes to the core of this case."

In a statement to civilian oversight investigators, Fenton has said he had no option but the mass arrests to make the city safe.

The officer, dressed in his uniform, sat beside his lawyers as his hearing got underway, addressing the room only to plead not guilty to the charges he faces.

THE CANADIAN PRESS

Riot police get ready to deploy in downtown Toronto during the G8, G20 summits in 2010. A disciplinary hearing is now underway for the most senior police officer charged in relation to the mass arrests in Toronto four years ago. NATHAN DENETTE/THE CANADIAN PRESS

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Whole Foods opens in the Glebe

Lansdowne. Shoppers flock to U.S. chain well-known for its selection of organic products

Whole Foods prepared-foods team leader Brent Pattee, left, and kitchen manager Peter Woodbridge at the chain's new Glebe location. DENIS ARMSTRONG/FOR METRO

The world's leading organic supermarket, Whole Foods, has opened its store at Lansdowne, and not without a little controversy — though there were no major grumblings of dissent Wednesday as Mayor Jim Watson and Whole Foods employees broke a ceremonial loaf of bread to celebrate the opening.

And though the city's had its share of hippie venues to buy your Black River organic juices and kale chips, none of them come close to the size, selection and marketing power that Whole Foods wields.

At 41,000 square feet, the store is large, yet feels intimate with a floor plan divided into artisanal boutiques selling organic and regular meats, breads and pastries, prepared food and bulk items, sundries and health items all under the same roof.

Whole Foods company policy prohibits the store from selling food products that contain artificial colours, flavours, sweeteners or preservatives. It also tries to source as many locally produced products as possible. The Lansdowne store features more than 100 products — cheeses, meats and baked goods, primarily — produced locally.

With lots of unusual products competitively priced, the store is a good fit for the lifestyle-conscious community and a popular retail destination for health-conscious shoppers.

But some harbour resentment over the presence of the American retail giant and worry about the negative effect it might have on its older Bank Street retail rivals.

"Obviously, the crowds here show that the Lansdowne redevelopment is what people really want," said David Chernushenko, the city councillor who represents the riding and has been a vocal critic of the Lansdowne project since its inception.

"Like it or not, it's a part of the Glebe. It might be an uneasy marriage initially, but I think with time Lansdowne and the Glebe will become a unique destination for shoppers."

"Welcome to the neighbourhood," said Andrew Peck, executive director of the Glebe BIA. "Anything that brings more feet to the street means more cash in the till, and the mood on the street is optimistic."

It's been a long time coming for Whole Foods, the grocery giant that bills itself as "America's healthiest grocery store." It opened its first Canadian location in Toronto in 2002 and is currently expanding throughout Canada with 35 to 40 stores planned.

The Lansdowne store is the 10th one to open in Canada and the first for the capital region.

DENIS ARMSTRONG/FOR METRO

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Alleged wife killer back in court for retrial

An Ottawa man who allegedly killed his wife in the couple's west-end apartment was back in court for a second trial on Wednesday.

Demetrios Angelis, 44, is once again being tried before a jury for the June 8, 2008, murder of his estranged wife Lien Li Angelis. According to reports, he has been out on bail since September 2013, after the Ontario Court of Appeal found that his former trial judge made errors in the case.

The case is now being heard before Justice Catherine Aitken.

Lien, 38, was found dead in the couple's fifth-floor apartment on McEwan Avenue.

The couple had been married for almost 16 years when they decided to separate the previous April following apparent marital tensions. Lien had been having an affair for 15 years.

David Kenny, a neighbour on the fifth floor of the apartment, told the courtroom Wednesday that he was playing a game on his computer that Sunday morning when he heard what sounded like a muffled argument.

The Ottawa courthouse where Demetrios Angelis is on trial again for his wife's murder. SEAN MCKIBBON/METRO

He said he did not pay any attention until he heard a man yell what he thought was the word "bitch." He said he heard a loud bang.

Angelis' lawyer, Oliver Abergel, pressed Kenny on whether he actually heard the word "bitch" and whether he could really tell where the sound was coming from. Kenny said he did not leave his apartment to determine whether it was actually coming from the Angelis residence.

Ottawa police responded to a 911 call at around 2 p.m. that day to find Lien's body on the apartment floor.

Julie Scott is the Crown prosecutor in this case.

LUCY SCHOLEY/METRO

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How are our kids doing? CHEO finds out

A new report by the Children's Hospital of Eastern Ontario using Statistics Canada data from 2011 says social factors such as poverty, housing, education and health behaviours have a major influence on child and youth health and well-being.

It shows that 15 per cent of children and youth in the region live in low-income families, that the number of lone-parent families is growing, and that one in four kindergarten children is starting school with low developmental scores.

The report, called Using Population Health Data to Profile the Health and Well-Being of Children and Youth in Eastern Ontario, says the number of children in the region has increased by more than 2,000 between the 2006 and 2011 censuses, and is expected to increase another 20 per cent over the next 20 years. METRO

Children's health

- 29.1 per cent of youth aged 12 to 19 in Ottawa report being inactive, up four per cent over three years.
- 3 out of 5 students in Ottawa have more than two hours of screen time every day.
- 19.3 per cent of youth in the region reported their Body Mass Index as "overweight" or "obese." The rate went up one per cent in the region, but in the Eastern Ontario Health Unit, the rate shot up 13 per cent, from 21.6 per cent to 34.7 per cent.

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Ottawa tech mogul Sir Terrence Matthews gets doused during a summer Ice Bucket Challenge event this year. CONTRIBUTED

ALS Canada raised $16.2M

Ice Bucket Challenge. The Internet sensation helped the ALS Society of Canada raise some cold, hard cash this summer

DENIS ARMSTRONG
ottawa@metronews.ca

Remember the ALS Ice Bucket Challenge?

Last summer, it seemed that you couldn't go anywhere without someone pouring a bucket of ice water over someone.

More than a quarter-million Canadians issued the ALS Ice Bucket Challenge during the summer of 2014. An inspired bit of public lunacy, politicians and celebrities alike dared their friends and fellow celebrities to take the icy challenge, all the while raising money for ALS research.

On Wednesday, the ALS Society of Canada reported that all that dunking raised $16.2 million, $10 million of which ALS Canada will invest into ALS research and $6 million into programs that deliver critical support to Canadians living with ALS.

Even better, ALS's $10 million will be matched dollar-for-dollar with their research partner, the federal government's Brain Canada Research Fund, to raise the total contribution to $20 million.

"We are incredibly grateful for all of the support and awareness for ALS in the last four months as a result of the ALS Ice Bucket Challenge," said Tammy Moore, CEO of ALS Canada. "With the matching research funds from Brain Canada, the total impact of the ALS Ice Bucket Challenge is $26 million."

Amyotrophic lateral sclerosis is a neurodegenerative disease that kills the cells that control movement. It is a terminal disease, and there is currently no known cure for ALS.

Alleged victim denies rape

Andrew Bettencourt.
Cop's daughter says she 'willingly' had sex with alleged kidnapper

LUCY SCHOLEY
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A woman who was allegedly kidnapped by her ex-boyfriend said she willingly had sex with him twice on their way to Mallorytown, a courtroom heard on Wednesday.

The woman, who's the daughter of a police officer and can't be named under a publication ban, alleges 22-year-old Andrew Bettencourt snatched her from Orleans, beat her head against a dashboard and cut her leg with a knife on Jan. 28, 2014.

The woman, who was 18 at the time, says they had recently split, but Bettencourt wanted to rekindle the relationship. So she says when he kidnapped her at knifepoint, she told him she wanted to get back together, the courtroom heard.

Bettencourt faces charges of kidnapping, forcible confinement and assault. He's not facing sexual-assault charges.

"I didn't classify it as rape," said the woman about the two times they had sex in the car on the way to the Mallorytown ONroute stop along Highway 401.

Although the couple had a history of jealousy, breakups and alleged violence, the woman said she didn't think Bettencourt would go so far as to kidnap her.

Their last breakup on Jan. 23, 2014 led to a fight and allegedly left the woman with a ruptured eardrum and a bloodshot eye.

Bettencourt's defence lawyer, Paolo Giancaterino, suggested the woman was trying to provoke the man that day and that she lied about the assault.

"He put me through so much pain and you're saying that I'm lying about this," she said, breaking down into tears. "Because I'm just going to bang myself up, right? Because that makes sense."

Giancaterino suggested the woman willingly left with her ex-boyfriend on Jan. 28 and was not kidnapped as she alleges. He suggested she wanted to look like the innocent victim.

"I couldn't eat for two months," she said, her voice breaking. "I had to cut my food into little squares."

"You're concerned with how you look," he told the well-manicured woman.

"What girl isn't concerned with how she looks?" she shot back.

She had previously told the courtroom that she had been trying to break up with Bettencourt for about a year and a half. "He did what he did and he knows it," she said, reduced to sobs before being re-examined by Crown prosecutor Chantal Lefebvre.

Andrew Bettencourt, 22, is facing charges of kidnapping, assault and auto theft following the alleged abduction of a police officer's daughter. FACEBOOK

Belleville

Boy OK after breaking through thin ice on the Moira River

Police in Belleville are warning people to stay off the ice on a local river after a boy narrowly escaped a dip in the chilly water.

The 12-year-old boy was walking on the Moira River in the city's north end at about 9:30 a.m. Wednesday when he broke through the thin ice.

Police say the boy was able to scramble to shore and was OK after the incident.

But they add it could easily have been a tragic ending.

They say the ice isn't thick enough to support a person's weight, despite the recent colder-than-usual weather.

THE CANADIAN PRESS

20th anniversary

Which city is North America's largest trivia competition coming to?

On Friday, the Children's Aid Foundation of Ottawa, with the support of the Scotiabank Group, will present the 20th anniversary of what organizers say is North America's (and possibly the world's) largest trivia team competition — World Trivia Night.

The event sees close to 1,500 trivia enthusiasts in teams of 10 compete for many great prizes, including a $5,000 grand prize, with runner-up prizes of $3,000 and $2,000 and round-by-round awards.

This year's event takes place at the EY Centre at 4899 Uplands Dr. and will be co-hosted by Dan Pihlainen and Rob Jellett.

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Ottawa to commemorate Trans Day of Remembrance

Worldwide observance. Annual event recognizes violence, social stigma faced by transgender community

LUCY SCHOLEY
lucy.scholey@metronews.ca

Ottawa paramedics raise the trans flag to commemorate the Trans Day of Remembrance in 2013. CONTRIBUTED

Amanda Ryan sees strangers pointing at her clothes, she approaches them, politely introduces herself and tells them she's a transgender person.

"I always do it with a very positive point of view and, invariably, I get a very positive response back," said Ryan, a member of transgender support group Gender Mosaic. "They're a little shocked, of course, that I'd walk over, but as soon as I'm friendly and talk with them, they ask all kinds of questions."

While she said Ottawa is fairly trans-friendly, it's not so in other parts of the world. So the city will be joining in the worldwide Trans Day of Remembrance on Thursday to honour those transgender people who have been victims of violence.

According to Gender Mosaic, hundreds of transgender people around the world are murdered every year because they are trans. Others commit suicide.

The Trans Day of Remembrance started in 1999 — a year after transgender woman Rita Hester was murdered in her apartment in Allston, Mass. The commemoration is held every year on Nov. 20.

There will be six city facilities raising the blue and pink trans flag on Thursday — city hall, police (the first official organization in Canada to commemorate the day in 2010), paramedics, the fire department, the bylaw office and OC Transpo.

There will also be a candlelit vigil at the Canadian Tribute to Human Rights at Lisgar and Elgin streets starting at 7:30 p.m. That event is organized independently by Talia Johnson.

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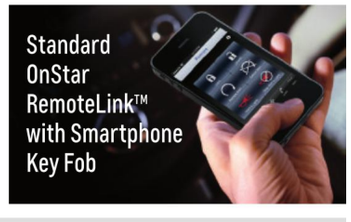

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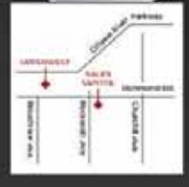

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Accountability. NDP ethics critic decries Tory 'secrecy'

The New Democrats are calling on the Conservatives to give the federal information czar the money she needs to do her job as the first step toward fixing a "broken system" of accountability.

In a letter to Treasury Board president Tony Clement, NDP ethics critic Charlie Angus accuses the government of starving the Access to Information system of cash, hiding documents for political reasons and backpedalling on promises to reform the 32-year-old access law.

The letter follows information commissioner Suzanne Legault's recent admission that her office can barely make ends meet — a cash squeeze she says threatens the rights of Canadians. The commissioner serves as an ombudsman for people who request federal records under the Access to Information Act, handling complaints about delays, fees, and problems obtaining documents from federal agencies.

In a recent interview, Clement called the access law "a good piece of legislation" — despite criticism from Legault, pro-democracy groups and opposition MPs that it allows too much information to be kept under wraps. THE CANADIAN PRESS

'Culture of secrecy'

"Starving the system of funds amidst a growing Conservative government culture of secrecy appears to be an effective method to deteriorate an individual's right to access information and thereby limit government accountability."

NDP ethics critic Charlie Angus in a letter to Treasury Board president Tony Clement

Military. Petraeus says ISIL's momentum halted

Retired U.S. general David Petraeus, the architect of America's surge in Iraq in 2007, says the current U.S.-led coalition there, which includes Canadian fighter jets, has halted the momentum of the Islamic State of Iraq and the Levant (ISIL).

Though he ruled out any future need for Western ground troops, Petraeus said a Western victory over the Islamic extremists in Iraq and Syria could take years.

Petraeus offered that view on Wednesday outside a meeting where he spoke about a U.S. think-tank report he co-authored about Canada-U.S.-Mexico relations.

Petraeus said he's optimistic because of the recent military gains by Iraqi ground forces in northern Iraq and near Baghdad.

Iraqi army and police with help from Shiite and Sunni militias "have not only halted (ISIL) but reversed their gains," said Petraeus, a former director of the Central Intelligence Agency and now the chairman of a major global investment firm.

"This is, however, going to play out over months and most likely years," he added.

"It's not going to be rapid. But I think that the momentum of (ISIL) has been halted, by and large, and that the initiation of a gradual process of taking back Iraqi areas controlled by ISIL has begun."

Speaking to a small group of reporters, Petraeus said it was unlikely that U.S. ground troops — or those of coalition partners such as Canada — would be needed.

THE CANADIAN PRESS

Former Bloc member

Mourani joins NDP, but not yet an MP

She may have signed an NDP membership card Wednesday, but former Bloc Québécois MP Maria Mourani will have to be re-elected as a New Democrat in 2015 before she can join the party's caucus. Mourani was cast into the role of an Independent MP after the Bloc kicked her out for criticizing the provincial government's proposed charter of values. THE CANADIAN PRESS

Advising space projects

Hadfield, Natynczyk named to new space board

Former astronaut Chris Hadfield is among those named by Industry Minister James Moore to a new board that will advise the government on space projects. The board also includes retired general Walt Natynczyk, deputy minister of Veterans Affairs and former president of the Canadian Space Agency.

THE CANADIAN PRESS

Michael Sona arrives at the Guelph courthouse for his sentencing on Wednesday after being found guilty of election fraud in the so-called robocalls scandal during the 2011 federal election. NATHAN DENETTE/THE CANADIAN PRESS

Ex-staffer in robocall scandal gets jail time

Sentenced to nine months. Sona will be first person to spend time behind bars for violating Canada Elections Act

Interfering with a citizen's right to vote merits real jail time, an Ontario judge declared Wednesday as he made Michael Sona the first person ever to spend time behind bars for violating the Canada Elections Act.

Sona, the former Conservative staffer convicted in the 2011 robocalls scandal, was sentenced to nine months behind bars and one year's probation for what Justice Gary Hearn called "an affront to the electoral process."

He's the first person convicted of wilfully preventing or endeavouring to prevent an elector from voting under the Canada Elections Act, said Hearn, adding that he believes Sona did not act alone in the scheme, in which some 6,700 automated phone calls were placed the morning of the 2011 federal election with misleading information on how to vote.

Sona was 22 at the time, lacked proper guidance from more experienced colleagues, and has suffered emotionally in the aftermath, Hearn noted. But jail time was nonetheless warranted in order to send the unmistakable message that messing with the electoral process is a serious crime, he said.

"This was a deliberate and considered course of criminal conduct specifically designed to subvert the inherent fairness of the electoral process," Hearn told the court.

"This was a federal election undertaken to elect representatives who form the governing body in our nation. This was not an amateurish Grade 8 election campaign for student council. Conduct such as that of Mr. Sona is not suitable at any time."

Sona hung his head and fiddled with his BlackBerry, his family members beside him in tears, as Hearn delivered his fate. He was later led out of the courtroom by police.

Sona's lawyer, Norm Boxall, said his client would be transferred to an unspecified provincial jail. He said a decision has not yet been made whether to file an appeal.

Boxall said Sona would likely consult with another lawyer to determine whether an appeal is appropriate. He could then seek a release from jail pending his appeal. Should he decide not to appeal, he could be eligible to apply for parole after three months, Boxall said.

THE CANADIAN PRESS

Mulcair defends female MPs' silence

Two female New Democrat MPs alleging misconduct at the hands of two of their Liberal counterparts shouldn't be pushed to lodge formal complaints, no matter how serious their allegations might be, their leader says.

It is up to the two women to decide when and if they want to participate in any sort of investigative process, NDP Leader Tom Mulcair said Wednesday.

Mulcair's continued defence of the women's refusal to participate came after The Canadian Press revealed that NDP MP Craig Scott, a former law professor, told the Liberals that one of the misconduct incidents — as it was described to him — amounted to an allegation of sexual assault.

Multiple sources say Scott issued that assessment during a behind-the-scenes meeting on Oct. 30 with the Liberal and NDP whips, to which he had accompanied one of the alleged victims.

THE CANADIAN PRESS

'Personal misconduct' allegations

MPs' futures still unclear

Newfoundland MP Scott Andrews says he will run in the next federal election, but whether he will be allowed to run as Liberals depends on the outcome of an investigation that may never happen.

The future is anything but clear for Andrews, his fellow newly Independent MP Massimo Pacetti and the two unidentified female NDP MPs who levelled allegations of "personal misconduct" against them, which sources say were sexual in nature.

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Jerusalem. Israeli troops demolish attacker's home

The east Jerusalem home of a Palestinian who carried out a deadly attack last month was demolished Wednesday, hours after Prime Minister Benjamin Netanyahu promised strict security measures in the wake of a grisly synagogue assault.

Tuesday's synagogue attack, which left five people dead, was the deadliest in Jerusalem since 2008 and came amid weeks of violence linked to the city's holiest site for Jews and Muslims.

The home destroyed in the Silwan neighbourhood near the Old City belonged to Abdel Rahman al-Shaludi, who killed two people last month when he drove his car into a crowd at a light rail stop in Jerusalem.

Israeli troops blasted the interior of the third-floor apartment located in a four-story apartment building, leaving piles of cinder blocks and holes in the exterior walls. The blast caused minor damage to neighbouring apartments and flattened a car parked below. THE ASSOCIATED PRESS

Monday deadline looms

Kerry seeks path to Iran nuclear deal

With a deadline for an Iranian nuclear deal fast approaching, U.S. Secretary of State John Kerry has embarked on a frenzy of high-stakes diplomacy in a last-minute push to secure an agreement — or at least prevent the process from collapsing. As senior negotiators huddled for a second day in Vienna in the latest round of talks, Kerry held separate meetings in London and was to travel to Paris on Thursday for further discussions before deciding whether or when to join the larger effort in the Austrian capital to forge a pact that would prevent the Islamic republic from reaching the capability to produce atomic weapons. THE ASSOCIATED PRESS

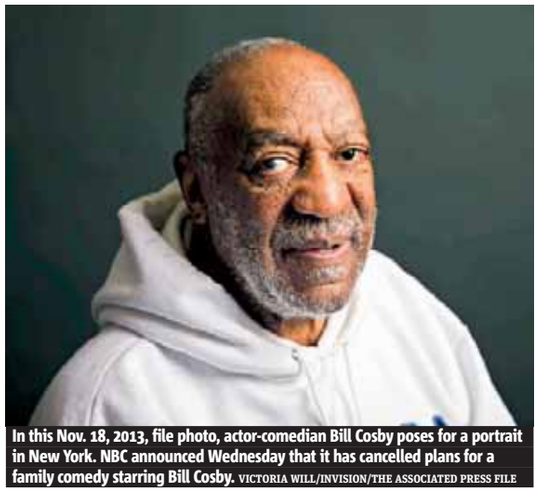
NBC says Cosby project is no longer in development

New assault allegations emerge. Netflix postponing premiere of new Cosby comedy special

NBC says it has scrapped a Bill Cosby comedy that was under development, the second outlet within a day to put off or abandon a Cosby project after another sexual assault allegation against the comic emerged.

NBC spokeswoman Rebecca Marks said Wednesday the project "is no longer under development," and had no further comment.

Netflix announced late Tuesday that it was postponing the Nov. 27 premiere of a new Cosby standup comedy special, giving no hint about whether it will ever be aired. Hours earlier in an interview with Entertainment Tonight, actress Janice Dickinson became the third woman in recent weeks to allege she'd been assaulted by Cosby — charges strongly denied by the comedian's lawyer.



In this Nov. 18, 2013, file photo, actor-comedian Bill Cosby poses for a portrait in New York. NBC announced Wednesday that it has cancelled plans for a family comedy starring Bill Cosby. VICTORIA WILL/INVISION/THE ASSOCIATED PRESS FILE

Dickinson told Entertainment Tonight that Cosby had given her red wine and a pill when they were together in a Lake Tahoe, Calif., hotel room in 1982. When she woke up the next morning, "I wasn't wearing my pyjamas and I remembered before I passed out I had been sexually assaulted by this man."

Cosby's lawyer, Martin Singer, said in a letter to The Associated Press that Dickinson's charges were "false and outlandish" and were contradicted by Dickinson herself in a published autobiography. Cosby's spokesman, David Brokaw, has not returned calls for comment. THE ASSOCIATED PRESS

Quoted

"I'm doing this because it's the right thing to do and this happened to me and this is a true story."

Actress and model Janice Dickinson, who on Tuesday became the third woman in recent weeks to allege she'd been assaulted by Cosby

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Egypt to see verdict in first trial for FGM

Raslan Fadl, the first doctor in Egypt to be put on trial for committing female genital mutilation, is still practising even though a 13-year-old girl died after he performed the procedure. And in this Nile Delta village, he has plenty of patients.

Young girls and their families on a recent day sat in his waiting room, where the bright yellow walls are decorated with Winnie the Pooh pictures, in the same building where Soheir el-Batea came for her operation last year. Residents call him a well-respected figure in the community, known for his charity work.

It could not be determined whether any were at his office for "circumcision," as it is known here, and Fadl would not speak to The Associated Press. But Fadl's continued popularity demonstrates the challenges to curbing the practice in Egypt, where more than 90 per cent of women are estimated to have undergone it — one of the highest rates in the world. Female genital cutting was criminalized in 2008 and the most important Sunni Muslim religious authority has declared it dangerous and without any religious justification.

A verdict is expected Thursday in Fadl's trial, and if convicted he could face up to two years in prison. Rights advocates say the outcome of this case could set a key precedent for deterring doctors and families in the future. Sohair's father is also charged in the case.

In Sidfa, a village where the organization operates, The Associated Press spoke to dozens of residents about their decision to abandon the practice.

Hamdiya Nazmy said one of her seven daughters was "circumcised" but she decided not to do so with the other six after being convinced by Fawzy's organization. "I spoke with people who live near me and convinced them it was wrong, too." She remembers feeling terrified when she was taken to the midwife as a girl for her own operation. THE ASSOCIATED PRESS

Hamdeya Nazmy, 43, who was forcefully subjected to female genital mutilation as a nine-year-old child, poses with her five-year-old daughter Demyana. NARIMAN EL-MOFTY/THE ASSOCIATED PRESS

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Digging up gifts for Fido

A dog wearing two GoPro cameras, one on his back and one on his chest held on by what is known as a Fetch dog harness, digs into the sand. GoPro Inc.'s Fetch dog harness fits over your dog's chest or back and holds the small, waterproof camera known for attaching to helmets, surfboards, cars and wrists to film rugged adventures. Sony, Garmin and Kurgo also make camera mounts for dogs. The device is part of a legion of gifts that retailers have rounded up for pet wish lists this year. Other hot items for Fido include: ugly sweaters for pets at PetSmart; Petco's line of Star Wars toys and clothing for dogs; and gourmet soup dubbed Winter Warmers Broths by Honest Kitchen.

GOPRO/THE ASSOCIATED PRESS

Market Minute

DOLLAR 88.10¢ (-0.40¢)

Natural gas: $4.41 US (+$0.14)
Dow Jones: 17,685.73 (-2.09)

TSX 14,980.15 (+7.18)

OIL $74.58 US (-$0.03)

GOLD $1,193.90 US (-$3.20)

Double-double trouble?

Your Timmies is about to cost more

Tim Hortons plans to raise prices for both coffee and breakfast sandwiches next Wednesday. A cup of coffee will go up by 10 cents, on average. THE CANADIAN PRESS

Canadians not sold on paying with phone

Report. Only about 21% of us have made a mobile payment in the past six months, a new poll finds

Hype for mobile payments is growing, but Canadians generally aren't very eager to pay for purchases with their smartphones, suggests a new report.

Canadians are still apprehensive about using their phone in lieu of cash, debit or credit cards, according to a study by global research company GfK, which conducted online surveys with consumers in 17 countries.

Although Canadians have developed a reputation for being keen early adopters of technology, they were found to be among the least interested in mobile payments.

Security fears are a factor, says Stephen Popiel, vice-president of consulting for GfK Canada. Canadians may also be lukewarm on mobile payments since they already have plenty of ways to pay in stores.

"The ATM infrastructure is huge and profound in Canada, even when compared with the United States, so the mobile technology itself is partly a solution for a problem that's not as big of an issue here. We have a seamless ATM and debit card structure here, and now the tap technology makes it fast and easy to make a lot of small purchases," says Popiel.

"Now we have to train ourselves: don't use the wallet, pull out my phone, make sure the app is open. We have to get to a position where this technology is as seamless and easy to use as what we've been using for the past 15 to 20 years."

GfK estimates only about two per cent of transactions in Canada are currently made with a mobile device, either in store or while online shopping at home.

About 21 per cent of the 1,000 Canadians polled by GfK said they had made a mobile payment in the past six months, compared to 24 per cent of western European respondents, 33 per cent of American respondents and 39 per cent of Latin American respondents.

THE CANADIAN PRESS

Gift cards

While Starbucks customers are frequently seen using their phones to pay for coffees, and Tim Hortons also accepts mobile payments, those apps are linked to gift cards rather than bank accounts and are less of a security concern, notes Stephen Popiel, vice-president of consulting for GfK Canada.

Crowdfunding a moon mission

It's the moon mission for the masses.

A project to fund a private lunar exploration mission got underway Wednesday, offering the public the chance to take part.

For as little as 10 pounds ($15 US), Lunar Mission One gives the public a chance to buy space on memory discs that will be buried in a hole drilled into the lunar surface.

The public will be invited to leave music, photos and videos on the disc — helping creating a chronicle of the people of Earth. Those offering more funding will leave more data, including DNA in the form of a strand of hair.

"Governments are finding it increasingly difficult to fund space exploration that is solely for the advancement of human knowledge and understanding as opposed to commercial return," said British engineer and city financier David Iron, who came up with the plan.

The mission plans to land a spacecraft on the moon in 10 years. It will drill a hole at least 20 metres down but possibly as deep as 100 metres to access lunar rock that is billions of years old.

It will use crowdfunding platform Kickstarter to finance its development phase. THE ASSOCIATED PRESS

Man on the moon

"We have carried out research and been quite surprised how keen people are.... School kids think the idea of having a bit of themselves on the moon is fantastic."

David Iron, who came up with the plan to let the public buy space on memory discs that will be buried in the lunar surface

Volkswagen recalls Jettas, Beetles

Volkswagen is recalling more than 440,000 Jettas and Beetles to fix a problem that can cause rear suspension failure if the cars aren't fixed properly after a crash.

The recall covers 2011 through 2013 Jettas and 2012 through 2013 Beetles.

VW says in documents posted by U.S. safety regulators on Wednesday that if rear trailing arms are damaged in a crash and not repaired correctly, they can fracture suddenly. That can cause loss of control and possibly a crash. Trailing arms connect the axle to the frame.

The company says there have been no crashes or injuries in the U.S., but there were reports of fractured trailing arms mainly in Asian countries.

Dealers will inspect trailing arms for damage and install sheet metal to help prevent a loss of vehicle control.

The sheet metal will be installed at no cost to customers, but customers will have to pay for repairs if their suspension was damaged, VW said.

Parts currently aren't available, but VW will notify customers to take their cars to dealers for a free inspection. THE ASSOCIATED PRESS

No purchase necessary. Contest open to Canadian residents who have reached the age of majority in her/his province/territory of residence before November 18, 2014 (**"Eligible Participants"**). Eligible Participants will be automatically entered into the contest upon making a new flight booking exclusively on the Canadian consumer edition of aircanada.com between November 18, 2014, at 12:01 a.m. EST and December 8, 2014, at 11:59 p.m. EST. The Eligible Participant who will be entered into the contest will be the person who makes the new flight booking and provides his/her contact information at time of booking. Aeroplan membership is not required for contest eligibility but will be required in order to claim all prizes. Ninety-one (91) prizes consisting of: One (1) grand prize of one million (1,000,000) Aeroplan Miles and ninety (90) secondary prizes of one hundred thousand (100,000) Aeroplan Miles for a total of ten million (10,000,000) Aeroplan miles are available to be won. Eligible Participants will be selected by random prize draw. Odds of winning depend on the total number of eligible entries received. Additional terms and conditions apply. Skill-testing question required. Visit **aircanada.com/10millionmiles** for full contest rules and regulations including how to enter without making a purchase. ®Aeroplan is a registered trademark of Aimia Canada Inc.

VOICES

SEX, LIES AND CELEBRITY

Bill Cosby. Jian Ghomeshi. Woody Allen. Famous for being entertainers but now household names for more sinister reasons. With a growing list of women accusing celebrities of sexual assault, are survivors of abuse turning to social media — and the court of public opinion — to get the conviction that may not be found through the courts?

EMINA GAMULIN
Metro in Toronto

While they probably still whisper among themselves, the people that defend Jian Ghomeshi have largely shut up. The disgraced radio host may never be charged, but in the court of public opinion, the matter is settled.

In this case at least, the collective stance seems to be doing for victims what the criminal courts can't. Innocent until proven guilty beyond a reasonable doubt is an exceedingly high burden of proof in cases where the legality of the activity boils down to consent, which is almost impossible to "prove" either way.

But while we rightly laud victims who tell their stories publicly, the public-opinion court can also be a fickle one that attacks as much as it defends.

Karlene Moore, a counsellor, advocate and activist for the Toronto Rape Crisis Centre, has been working with survivors for more than 20 years. She wouldn't say definitively that the justice system is irrevocably broken but she spoke of how "disheartening" it is.

"I think a lot of survivors and activists are so frustrated in the legal justice system that they have no interest in it at all," Moore said.

She said one difference between the Ghomeshi case and other high-profile ones in the past (like those of Woody Allen and Roman Polanski) is that the allegations being adjudicated in the court of public opinion involve more than just one person.

In addition to Ghomeshi, the federal Liberal party has suspended two MPs after accusations of misconduct from fellow MPs, and Bill Cosby is under attack for horrifying stories that he drugged and raped women. Even feminist du jour Lena Dunham is getting flak online over passages in her recent memoir that contain disturbing details about her relationship with her sister growing up.

The reality is that these famous figures were not random evildoers; they were dates, friends, family members, coworkers and, in some cases, sexual partners. A question is raised: Will the court of public opinion be as generous to women in less high-profile cases?

Moore says that although it's "fantastic" that some survivors are breaking their silence online, "the concerns that we have about disclosure and speaking up online about their experience is that social media can be very isolating.

"What they're getting back is not a uniform, supportive response, and they are getting back surprisingly negative and unsupportive responses from some people in their community."

And of course there will be cases where the public court attacks an innocent person and damage ensues, as was the case with musician Conor Oberst, who was accused in the comments section of the xoJane website of raping a woman when she was a star-struck teen. She later took back the story but not before considerable damage was done to his reputation, at least in the short term.

The uncomfortable truth seems to be that while, yes, police and courts can do better for victims, and I do believe, perhaps naively, that we *will* now do better for the people who bravely open their mouths to tell us things we don't want to believe, justice for victims and punishments for perps will probably never be properly doled out in the real courts. The alternate door of vigilante social-media justice has opened, and there's no turning back.

Let's all keep talking, without waiting for the next horror story to spur the discussion on.

High-profile entertainers publicly accused of sexual assault:

BILL COSBY

Former model Janice Dickinson has added her name to more than a dozen women who claim to have been drugged and sexually assaulted by Bill Cosby, citing an alleged incident in 1982. In response, NBC has shelved a planned Bill Cosby comedy, the second outlet to do so.

JIAN GHOMESHI

At least nine women and one man have come forward to accuse former radio host Jian Ghomeshi of sexual assault or harassment. The CBC fired Ghomeshi as host of its popular program Q last month.

WOODY ALLEN

Woody Allen's adopted daughter Dylan Farrow published a letter on the New York Times website in early 2014, alleging again that Allen molested her when she was a child. Police had investigated the claim years earlier but said they found no evidence of assault.

ROMAN POLANSKI

Director Roman Polanski was arrested in 1977 for sexually assaulting a pre-teen model. Even though he pleaded guilty to rape, much of Hollywood came to his defence. Polanski fled to France before being sentenced and has never been extradited.

LENA DUNHAM

Actress and writer Lena Dunham took to Twitter in outrage after being accused of sexually assaulting her sister as a child. The allegations came after the release of Dunham's memoir, in which she describes looking inside her infant sister's vagina.

CONOR OBERST

Indie rocker Conor Oberst (of Bright Eyes fame) filed libel charges in 2013 against a North Carolina woman who took to online magazine xoJane, accusing him of rape. Joanie Faircloth later recanted, and Oberst eventually dropped his lawsuit.

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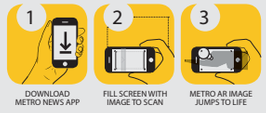

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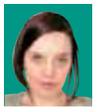
Look great while cycling? Blogger wants your name!

Velo Vogue.
Cataloguing chic cyclists is local's passion



BACKSTAGE PASS
Jen Traplin
ottawa@metronews.ca

After noticing an increase in urban cyclists abandoning their spandex and race wear in favour of more stylish street clothing, cyclist and fashionista Zara Ansar launched her blog Ottawa Velo Vogue three years ago.

The site features fashionable cyclists in Ottawa and their opinions on bike culture in the capital. "The whole purpose of the blog is to highlight the wonderful people, businesses and supporters of Ottawa and their relationship with their bicycles," Ansar explains.

"It also highlights the bicycle culture that is continuing to develop every year."

The idea, she says, came from the cycle chic movement embraced by Europeans.

In the beginning, Ansar was photographing friends just to get things moving. Now she gets recommendations and requests from people wanting to be photographed for the blog.

"I also randomly stop fashionable people in the street and ask if they would be interested in being photographed for the site," she says.

Some of Ansar's favourite places to spot stylish cyclists are Elgin Street, Bank Street and Chinatown.

"The most rewarding part of my job is finding these fashionable people and talking about their style — I get a lot of enjoyment from interviewing people and listening to their thoughts on bike culture in Ottawa."

As for her own feelings on that topic, Ansar believes efforts by the city to improve conditions have been good so far, and are certainly embraced by the cycling community, but there's still a lot of work to be done to make roads safer.

"Near the top of that list would be implementing education and advocacy programs so that both drivers and cyclists have a better relationship on the road. Having a safe infrastructure for cycling has too many side benefits to ignore," she explains.

In the near future, Ansar plans to expand the blog and hopes to continue to host fun, cyclist inspired events. She already organizes the annual Velo Vogue Plaid Parade — a massive group bike ride through the downtown core (featuring a plaid dress code, of course) — and the Velo Vogue fashion show.

Are you a fashionable cyclist?

If you want to be featured on Ottawa Velo Vogue, send an email to ilovevelo@ottawavelovogue.com.

Zara Ansar runs Ottawa Velo Vogue, a blog about fashionable cyclists in Ottawa. DAVID ASHE

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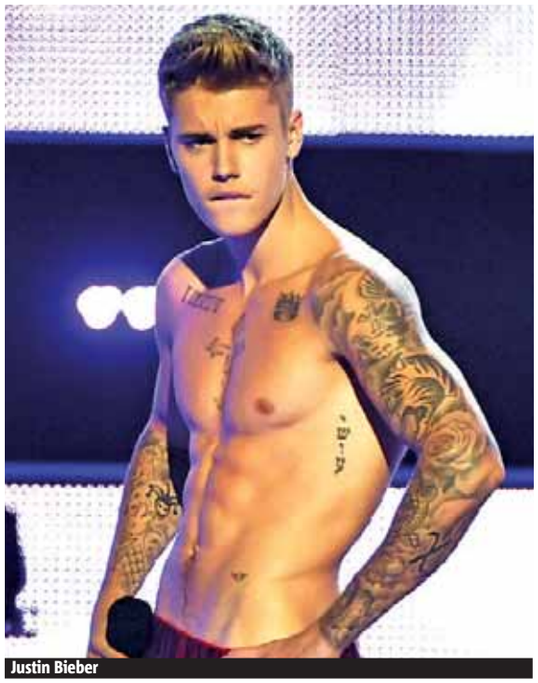
METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Justin Bieber

Bieber bans the bong, breaks out the Bible

NED EHRBAR
Metro in Hollywood

We may be about to enter the "brainwashed into a creepy cult" phase of Justin Bieber's career — which, honestly, I didn't think was going to arrive at least until he turned 23. Canada's goodwill ambassador has reportedly been devoting his time to celebrity pastor Carl Lentz of Hillsong Church. And by "devoting," I mean he "exiled himself from friends, alcohol, weed and everything else that doesn't involve the good Lord" for two weeks at Lentz's Rancho Mirage compound near Palm Springs, at least according to TMZ. Hillsong, by the way, allegedly practises tithing, requiring members to donate 10 per cent of their income to the church. Not that I wish ill on the kid, but I'd rather the hard-partying pop star with a Napoleon complex not go all Kirk Cameron on us. Come back to the bong, Bieber. All will be forgiven.

Twitter

@BetteMidler
The Pope is raffling off his unwanted Papal gifts for charity. What?! He told me he loved that Brookstone neck massager I got him!

@ConanOBrien
A 10-second kiss can transfer 80 million bacteria, my wife told me as we shook hands.

@pattonoswalt
You were the first reason I wanted to do comedy. I'll always marvel at your genius onstage. But here's where we say goodbye, Bill Cosby.

Kim Kardashian and Kanye West

That other Kim cover that didn't break the Internet

Remember when Kim Kardashian and Kanye West were on the cover of Vogue earlier this year, and it didn't really do much for sales? Anna Wintour, as it turns out, is and was a bit conflicted about the whole thing. "Now and again one has to do things like that," she told CNN's Alina Cho during a chat at the Metropolitan Museum of Art recently. "I think if we just remain deeply tasteful and just put deeply tasteful people on the cover, it would be a rather boring magazine. Nobody would talk about us." But Anna, shouldn't you also be concerned with what it is they're saying about you?

Chris Hemsworth ALL PHOTOS: GETTY IMAGES

Does the Sexiest Man Alive have to do housework?

Chris Hemsworth is officially People magazine's new Sexiest Man Alive, and unfortunately it looks like the Thor star plans on using his newfound powers for evil, not good. "I'll put it on the mantelpiece just to remind (my wife) in the coming years," he tells the magazine about how he plans to use the accolade. "I can just say to her, 'Now remember, this is what the people think, so I don't need to do the dishes anymore, I don't need to change (diapers). I'm above that. I've made it now." I'd rethink that strategy if I were you, buddy.

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SHOPPERS DRUG MART

The Daily Dish

LOCAL WOMAN FINALLY IN THE CLEAR

Those who tremble in the face of tough stuck on food and cloudy glassware can breathe a collective sigh of relief today as OxiClean™ comes to the table with its new Dishwashing 2-in-1 Booster + Rinse Agent. It's a dynamic duo of cleaning power that removes cloudy film, food particles and spots without putting your dishes through double duty. For that first wash wow, just put two squirts in the bottom of your dishwasher and fill your rinse agent dispenser cup, then add your main detergent. Penny of Toronto, told us "…my dishes are crystal clear! I noticed a dramatic improvement."* You're welcome, Penny.

*"...my dishes are crystal clear! I noticed a dramatic improvement."**
— Penny, Toronto

Stemware finally comes out of the cupboard

In a rare move, one family found the courage to show The Daily Dish their hidden collection of antique wine glasses. When asked why it's taken so long for them to come out of the cupboard, one member of the family responded that hard water has made it difficult to be seen in public, noting cloudy film and unsightly spots. However, after using the combination of OxiClean™ Extreme Power Crystals™ Dishwasher Detergent Paks and OxiClean™ Dishwashing 2-in-1 Booster + Rinse Agent, they can finally take pride in looking fabulous.

Spatula gets new lease on life

Rather than throw out the old, a spatula got a second chance in the kitchen after a family recently switched its dishwasher detergent to OxiClean™ Extreme Power Crystals™ Dishwasher Detergent Paks. Its extreme effectiveness in removing even the toughest stuck-on food and stains means there's no more pre-washing or re-washing necessary! As one woman told The Daily Dish, it "left my dishes amazingly clean! Amazingly as in it even removed melted dried on cheese!"* With results like that, OxiClean™ comes to the rescue for those who agree the best things in life are brie.

*All stories depicted within this advertisement are fictional in nature. *Quotes are from real consumer reviews submitted for OxiClean™ Extreme Power Crystals™ Dishwasher Detergent Paks and OxiClean™ 2-in-1 Booster + Rinse Agent on ChickAdvisor.com as of November 3, 2014. Reviewers received free product sample.*

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†Source: ChickAdvisor.com reviews for OxiClean™ Extreme Power Crystals™ Dishwasher Detergent Paks. Percent of chicks who "dig it" as of November 3, 2014. Reviewers received free sample.

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We've got mad love for this Flower girl's beauty biz

Style. Drew Barrymore chats with Metro about her new fragrances, insecurity and living in the light

JANINE FALCON
Metro News in Toronto

Drew Barrymore's Flower Beauty line is available exclusively at Walmart Canada. GEORGE PIMENTEL

"I've been in the makeup chair since I was six years old," Drew Barrymore likes to say. Actor, producer, cosmetics maven, wife and mother of two little girls, right now she's focused on promoting her two-year-old brand, Flower Beauty (the name is a nod to her production company Flower Films) in Canada.

On Flower's new fragrance collection

"We thought a lot about who this woman was that we're trying to create a fragrance for. Mothers with their kids, women in the workplace, date night — we started to fall in love with this woman and get excited by her because she felt like us.

We're trying to be good to our kids, do something that we can be proud of in our jobs, and go home to get back into that romance with our husbands. So that's Cherished, Radiant and Sultry, a fragrance for every mood and the story of what women are doing out in the world."

On her three favourite Flower makeup products

"Every day is different because all I do is test and use the products. Today I'll say Mauve Over Lip Suede ($7.98), our rose-coloured lip crayon. It's matte, but so creamy and buildable, and it never feathers or cracks or gets cakey. I don't go anywhere without our Skincognito Foundation Stick ($8.98). It's really just a big fat creamy concealer stick, and it covers stuff so well without looking heavy. And our Zoom-In Ultimate Mascara ($7.98). It's so good with its adjustable three-way brush."

On balancing a multi-faceted career with family

"I'm sure most women feel guilty, like there's never enough, especially with motherhood — it's so weighty. I apply a very narrow focus: I wouldn't be able to direct and act and do the cosmetics company and have little side projects ... things had to fall off when I had kids. That's the only way I'm able to be a mother first and foremost. My kids deserve the 24/7 energy of me."

On playing a role in the way a woman looks at herself

"I'm so happy to be there because I've done the mental gymnastics my whole life. I'm very tuned into what women go through in their daily lives, how they feel inside, what positive messaging is. Insecurity is not an option. There are things out there that can really be uplifting; you go toward them. That's a big part of how I want to raise my daughters. Live by example and go to the light. It's not all going to be easy — you're going to be torn by the heavy stuff in life. All the more reason to have that light within."

Drew's with you

"I'm very tuned into what women go through in their daily lives, how they feel inside, what positive messaging is."

Drew Barrymore
Actress and entrepreneur

Canadian street style

Spotted in: Toronto

Name: Bukola

Age: 20

Occupation: Student

What she's wearing
Browns shoes, Zara pants, vintage shirt, Forever21 hat and vest

Her inspiration
"I'm guilty ... but Kylie and Kendall Jenner, I love to see what they post on their Instagram. "

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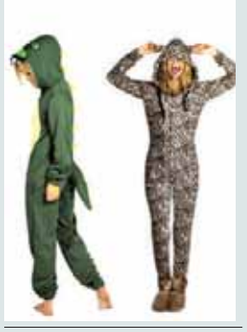
Trends Report

As the weather gets nippier, I've been spotting people in my city wearing onesies (sometimes in elaborate animal form) as street fashion. Go online to Trends Report and tell me what you think. Should grown-ups be wearing animal onesies in public or should they stay in the bedroom?

- **Online.** metronews.ca/trends-report
- **Follow** Irene on Twitter @MetroIreneK and Instagram @kuanirene



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SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 22 SHOPPERS DRUG MART

A coffee, a cut and a clothing experience

Style. Frank & Oak expands on its booming online empire by building a new brick-and-mortar store

ELIZABETH BEDDALL
Metro News in Toronto

Frank & Oak's new retail store is the second shop of its kind in Canada. CONTRIBUTED

Frank & Oak's new Toronto location boasts a barber shop as well as a swanky coffee bar. CONTRIBUTED

Ethan Song can make any garment choice look like a blog-worthy fashion trend — even a dust-covered, Cobalt blue hard hat.

The CEO and co-founder of online retail brand Frank & Oak is sporting the protective gear as we speak during the final hours of prep for the new Queen Street West Toronto location, which officially opened to the public on Saturday.

Along with fellow co-founder and childhood friend Hicham Ratnanim, Song has revolutionized the way that men are making their fashion decisions, with an online brand that emphasizes quality and community and a business structure that promises a unique and engaging e-commerce experience.

Now, overseeing a company that processes more than 35,000 orders a month for customers in Canada and the U.S., Song speaks of Frank & Oak's expansion into the first-hand retail realm.

Toronto has seen a Frank & Oak pop-up shop, but this is the first time it's been blessed with a permanent location. Why there and why now?

Pop-ups are around for such a short period of time, and are great for exposure, but if you actually want to build a community around a space, you have to be there.

And the idea with this store concept that we created is that it's not just a store. We want it to be a place that people come a couple of times a month and chat and get to know the staff. That's the kind of place we want to build.

And why now? I would just say that it's really just the right evolution in the growth of our brand. We've always wanted to create values around the brand, and online is one way of doing it, but being in this neighbourhood has a big impact locally.

What concepts that have worked in the digital world, are you bringing over to the land of brick and mortar.

Content is one of the things that we're bringing to the physical world. Online we have videos, editorial content — we're bringing that in two forms. One is that we're actually going to be broadcasting from our integrated channel on the TVs around the store, so the content that you see online you're going to be able to see in the store as you browse. and the second is that we're going to hold mini-conferences and seminars within the store, so instead of watching a video of a board member, you can actually come in and meet them in person.

You've said before that you and your team always operate under the philosophy that it's always day one. Now that Frank & Oak is a couple of years old, does that philosophy still hold true, and how does it manifest itself in this shop?

The reason why we always say it's day one is to challenge ourselves to rethink what we do and not always assume that something we've done will work in the future. This store was designed from the ground up — everything you see here is new. When you bring fresh eyes to something you're actually able to innovate. For us we always say that our brand is an entrepreneurial brand, and when you're an entrepreneur, there's no end in sight.

Listen up, lads

Ethan Song on what's making waves in the world of the fashionable gentleman

- "The combination of technical material into everyday clothing — it's both a fashion statement and innovation in a textile."
- "This year the overshirt is a big element, because the entire wardrobe is more casual than it used to be. Even sport jackets are not as popular, but cardigans and overshirts are, combining and layering what you're wearing."
- "In terms of colours, we're seeing a lot of heritage colours like yellows and burgundies. And black is making a strong comeback."

Behold the rise and rise of Kendall Jenner

Style. Model continues to dominate the fashion world as she signs on as the face of Estée Lauder

No doubt this young celebrity will be popping up in many more campaigns and shows in 2015. COURTESY OF ESTÉE LAUDER

Nineteen-year-old Kendall Jenner was unveiled as the latest face of Estée Lauder over the weekend, but what's behind the L.A. native's sudden rise?

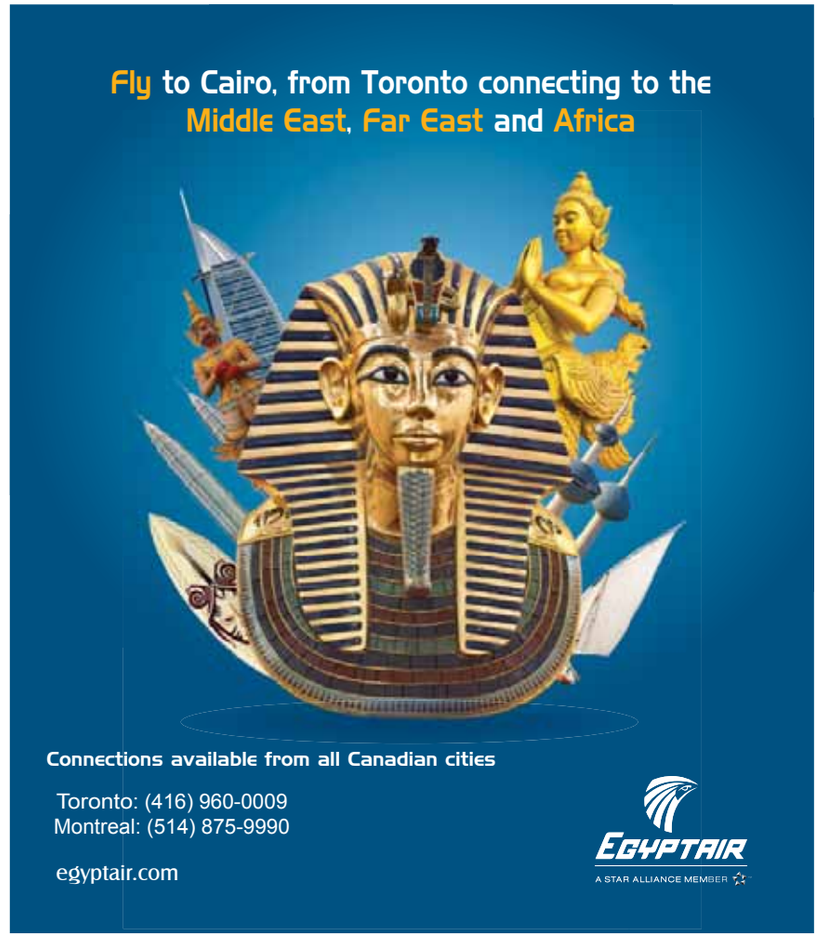
The American model, who is part of the Kardashian family, famed for their reality TV show, will star in a new campaign for the beauty brand and was shot on the back of a motorbike for the print images. There's also a two-minute film which explore's Kendall's relationship with the brand and her pleasure at becoming "a part of this family." If that's not enough Kendall for you, you can also shop her edit of the brand's collections on a special section of the Estée Lauder site.

Kendall has jumped into the fashion A-league in 2014. Her runway debut came early this year in the Fall/Winter 2014 shows, in which she walked for Marc Jacobs in New York City and then followed up with the Giles show in London.

Rocking up in Paris for her first-ever season on the runway, she then managed to bag slots at Givenchy and Chanel (where her big sister Kim Kardashian's connections can't have hurt).

She also went on to work with Riccardo Tisci again, appearing as part of an ensemble cast for the Givenchy Fall/Winter 2014 campaign.

During the recent Spring/Summer 2015 fashion weeks this autumn, Jenner walked in shows for Dolce & Gabbana, Pucci, Bottega Veneta and Balmain, among many others, and repeated her performances at Chanel, Marc Jacobs and Givenchy. She's also covered LOVE Magazine and American Teen Vogue.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What a bright time, it's the lights time

Thanks to advances in lighting technology, you have a lot to choose from when it comes to creative ways to deck your halls for the holidays this year. Forget about white incandescent lights and animatronic reindeer. Think lasers. Think smartphones. And hundreds, if not millions, of colour choices

THE ASSOCIATED PRESS

Looking for something unique in holiday lighting? Projected laser lights use small spotlights to project thousands of tiny pinpoints of red, green, or red and green lights onto your home. PINNACLE LIGHTING GROUP/THE ASSOCIATED PRESS

Projected laser lights float in air

Using small spotlights, this technology projects thousands of tiny pinpoints of red, green, or red and green lights onto your home or any other hard surface. California-based BlissLights offers them for $179 or $199 US each, depending on whether the lights are in motion.

To a passerby, "at first glance, they look like traditional holiday rope lights, but actually they float freely across the house's exterior, plants and more to create a display that neighbours will think took hours to design and hang," BlissLights spokeswoman Natalia Barclay says.

There are no cords or wires involved with the laser lights, says Nick Burks of Atlanta-based Pinnacle Lighting Group.

"For people who live in the northern part of the country, it's extremely helpful when you have to take them down and it's zero degrees outside," he says. "Instead of taking a string of lights down in January, just unplug the fixture and put it in a box and you're done."

Battery powered lights sparkle on

This technology has been around a while but was mostly limited to smaller, incandescent light strands that you'd put in a window box or small porch display.

Now they come in LED strands up to 30 feet long with batteries that are much more powerful and longer-lasting. Many feature auto-timers and buttons that control blinking and other patterns.

At online retailer Lights.com, you can connect up to six strands of battery-powered lights for a total of 600 LED lights on one battery pack, spokeswoman Aimee Majoros says.

You know what that means? One-hundred-and-eighty feet of energy-saving holiday sparkle.

This Joy sign will light up a tabletop or mantelpiece with a rustic, yet festive, vibe. Vintage elements are a popular decor trend this holiday. HOMEGOODS/THE ASSOCIATED PRESS

RGB lights of many colours

Single light bulbs that hold three LEDs — red, green and blue — are the secret behind a new category of holiday lights that offer up to 16 million colour combinations.

Known as RGB lights, they can be dialed up or down in a variety of ways via a smartphone app. And because their colour range is so varied, they can be kept up year-round and used for any number of holidays — Halloween, Easter, you name it.

Lumenplay offers the most colours by far at more than 16 million. The exotic lighting system doesn't come cheap ($79.99 US for a starter pack) and is only available in 10-foot strands. But you can string as many as 500 lights together on one controller, which comes with the starter pack.

GE also offers RGB lighting technology with its new iTwinkle light sets and pre-lit Christmas trees, while Texas-based decorating firm Christmas Decor is offering the lights as an option for holiday customers this year.

Each iTwinkle G35 bulb holds three LEDs — red, green and blue — that can be combined to create thousands of colour choices. GE/THE ASSOCIATED PRESS

Smart lights and lighting systems

All the talk of RGB technology leads right into another holiday lighting trend this year — "smart" lights or lighting systems controlled by your smartphone.

- Both the Lumenplay and iTwinkle systems are operated via apps available for Apple and Android phones. With just a swipe of your screen, you can dim or brighten outdoor lights, set them to music, or choose new colours and patterns.
- With iTwinkle, you can even record a greeting to play, like Happy Holidays or Merry Christmas, spokeswoman Amanda Hayes says.
- Most of these apps have a range of up to 150 feet, meaning you can control the action from across the yard or while plopped on your couch watching It's A Wonderful Life (or the Griswolds in National Lampoon's Christmas Vacation) for the 10th time.
- "No longer do you have to venture outside to plug in your lights," says Dave Geraci with Ohio-based Technical Consumer Products.
- TCP recently unveiled a smart home lighting system known as Connected by TCP, which links to a home's Wi-Fi or mobile network and is controlled via smartphone, computer or a special remote.

Soups to warm the heart as much as belly

Soup Week. This Hot and Sour Chicken Soup has a good kick of spice

"Feel free to improvise with your favourite vegetables — carrots cut in julienne strips or cremini mushrooms (baby portobellos) make excellent additions," writes Lesley Stowe, owner of Lesley Stowe Foods, who contributed this recipe to The Soup Sisters and Broth Brothers Cookbook.

Ingredients

- 8 cups (2 l) chicken stock
- 2 large boneless, skinless chicken breasts
- 1 cup (250 ml) thinly sliced leeks (white parts only)
- 2 tbsp (30 ml) minced fresh ginger
- 5 tbsp (75 ml) Chinese black vinegar or Worcestershire sauce
- 1 tbsp (15 ml) apple cider vinegar
- 1/2 tsp (2 ml) pepper
- 2 small baby bok choy, sliced
- 3 to 4 fresh radishes, thinly sliced
- 2 tsp (10 ml) sesame oil
- 1/4 cup (60 ml) cilantro leaves
- Thinly sliced red chilies to taste

1. In a medium pot, combine the stock and chicken breasts. Bring to a boil.

2. Reduce the heat and simmer, uncovered, for 10 minutes.

3. Remove the pot from the heat. Let stand, covered, for 10 minutes.

4. Remove the breasts from the pot, reserving the stock. When cool enough to handle, shred the chicken, keeping the pieces a fairly good size. Set aside.

5. Strain the stock through a fine-mesh sieve into a clean pot. Add the leeks, ginger, black vinegar, cider vinegar and pepper. Bring to a boil.

6. Reduce the heat and simmer, uncovered, until the leeks are tender, about 15 minutes.

7. Add the bok choy and radishes. Allow to simmer for 5 minutes. Add the shredded chicken and sesame oil.

8. Ladle up steaming bowlfuls and scatter each portion with cilantro leaves and chilies (if using) to taste.

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Cookbook of the Week

Get your bowl ready

Celebrity chefs and "souper" volunteers contribute more than 100 recipes to The Soup Sisters and Broth Brothers Cookbook.

Arranged by season, the recipes include vegetarian, vegan and gluten-free options, so you can prepare and share soup throughout the year. Among the recipes are Sweet Potato and Chipotle Soup, Southwestern Black Bean Soup, Rapini Soup and more.

Soup Sisters is a non-profit enterprise that organizes volunteer soup-making events across Canada. METRO

This recipe serves six. JULIE VAN ROSENDAAL

Lunch. Potato-Cheddar Soup

1. In a heavy-bottomed pot, melt the butter over medium heat. Add the potatoes, carrots, celery, onion, leek, and salt and pepper to taste. Cook, stirring often, until the vegetables are beginning to brown and the onion has softened.

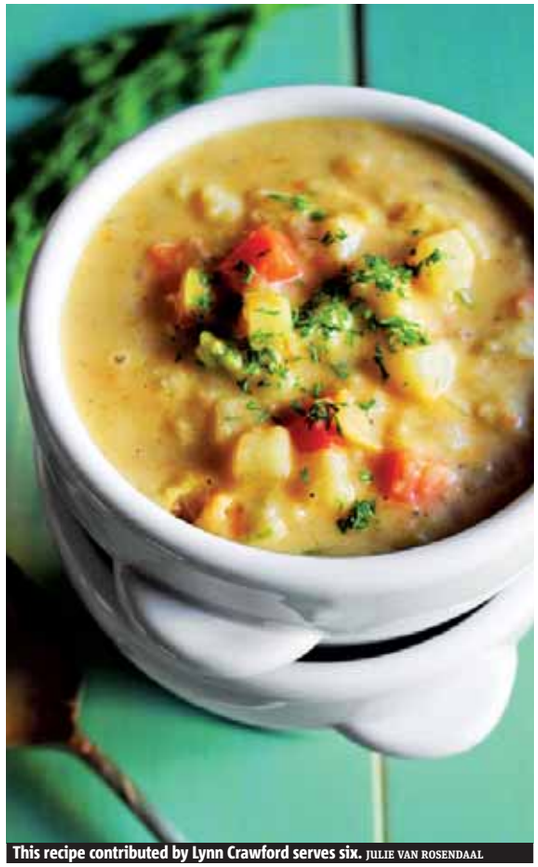
2. Add stock and bring to a boil over high heat. Reduce heat and simmer, covered, until the vegetables are tender, 20 minutes.

3. Purée half of the soup until smooth. Add the puréed soup back to the pot. Stir in the cream. Reheat gently.

4. Remove the pot from the heat. Stir in the cheese and dill and season with salt and pepper to taste. Ladle up bowlfuls.

Ingredients

- 1/4 cup (60 ml) butter
- 2 lb (1 kg) russet potatoes, peeled and diced
- 2 carrots, peeled and diced
- 2 stalks celery, diced
- 1 large onion, finely chopped
- 1 leek (white part only), diced
- Salt and pepper to taste
- 4 cups (1 l) chicken stock
- 1 cup (250 ml) whipping cream
- 1 cup (250 ml) shredded cheddar cheese
- 3 tbsp (45 m) chopped dill



This recipe contributed by Lynn Crawford serves six. JULIE VAN ROSENDAAL

Senators stuck in the middle with who?

NHL. Head coach Paul MacLean shuffles lines to get more production at the centre position

The Senators' Zack Smith battles Patrick Kane of the Blackhawks for position at the Canadian Tire Centre on Oct. 30. JANA CHYTILOVA/FREESTYLE PHOTOGRAPHY/GETTY IMAGES

Never one to shy away from change, Ottawa Senators coach Paul MacLean tinkered with his forward lines again at Wednesday's practice as he looked for ways to improve his team's strength down the middle.

MacLean's line juggling included moving David Legwand up into the No. 2 centre position and shifting Mika Zibanejad to the left side. In addition, Zack Smith moved back into centre in between Milan Michalek and Chris Neil.

"If we're going to mix anything up, that's the place to mix it up," said MacLean. "Zack Smith playing on the wing hasn't been as productive a player as Zack Smith playing at centre ice, so in order to get Zack back at centre ice, somebody has to move to the wing. The next obvious guy to move to the wing was Mika since he's played it before, so we're going to feel that out and see if it gives us a different look."

They may not be the most significant changes, but MacLean is hoping his slight tweaking will pay dividends.

"Can we make a little wrinkle and make our team better is what we're trying to do," MacLean said. "We're not displeased with how our team's played or how we're working, but if we tweak it just a little bit can we make it a little bit better."

For Smith, the change is a welcome one, as he readily admits that it took nearly a month before he began to feel comfortable playing at wing. That's not to say he wouldn't move back if necessary, but playing at centre comes much more naturally to him.

"As a winger you have to be patient and stay on your wall and give the centre room to skate through the middle, and it's something you have to focus on going into each game," said Smith. "Going back to centre might just feel a bit more natural.

"I want to be a player who can play at both positions, so this is just part of the learning curve."

With just two goals this season, Smith is also hopeful that the change could spark some offence. Smith hasn't registered a point since his last goal on Oct. 28.

While Zibanejad has always been touted as a centre, the struggling forward was the obvious choice to make the move to the wing.

After 17 games last season, Zibanejad had six goals, three assists and 41 shots on goal. This season he has two goals and two assists and just 24 shots and seems to be lacking confidence. THE CANADIAN PRESS

Hurting on the draw

The Senators would also be pleased if the moves proved rewarding in the faceoff circle. Not one of the Senators' centres is above 50 per cent right now.

Former NFL player Ben Utecht following Wednesday's hearing. MATT ROURKE/THE ASSOCIATED PRESS

Lawyer asks judge to approve NFL concussion deal

The NFL on Wednesday urged a judge to approve an estimated $1-billion settlement of concussion lawsuits despite concerns raised by former players or survivors who feel left out.

The 65-year fund would resolve thousands of lawsuits that accuse the NFL of long hiding what it knew about concussions and brain injuries to keep players on the field.

The NFL now expects 6,000 of nearly 20,000 retired players — or 28 per cent — to suffer from Alzheimer's disease or at least moderate dementia someday. Their average payout would be about $190,000. The awards reach several million dollars for Lou Gehrig's disease or Parkinson's disease.

Some critics feel the fund lets the NFL off lightly, given its $10 billion in annual revenues. Others complain that there are no awards for depression, mood swings, dizziness and other problems they link to football concussions.

Costly CTE

$4M

The estates of players who died and were diagnosed with chronic traumatic encephalopathy from 2006 to 2014 can seek up to $4 million, but future deaths are excluded to avoid "incentivizing" suicide.

Former Indianapolis Colts tight end Ben Utecht testified about the five concussions he suffered during a career that earned him a 2007 Super Bowl ring. He is now married with three young daughters.

"I do have memory issues. That's why I walked away," Utecht, 33, said after the hearing. "The thought of (my daughters) losing their dad, before they actually lose their dad is challenging." THE ASSOCIATED PRESS

Barcelona. Messi's dad talks down exit rumours

Lionel Messi's father, who's also his agent, has downplayed the stir his son caused by hinting at an exit from Barcelona.

Jorge Messi tells La Vanguardia newspaper, "Leo is happy, but if one day the club says, 'We have an offer for you, we want to sell you,' well, we would have to study it."

Lionel Messi said Tuesday "sometimes not everything happens the way you want."

He is under contract until 2018. THE ASSOCIATED PRESS

Lionel Messi in Argentina training gear. GETTY IMAGES

FIFA. Whistleblower livid at judge's report

Former Qatar bid worker Phaedra Almajid has complained to FIFA that her right to witness confidentiality in the World Cup bidding investigation was breached in an ethics report last week, claiming she was easily identifiable even though she wasn't named.

Almajid is also angry that the report by FIFA judge Joachim Eckert said she and Australian whistleblower Bonita Mersiades lacked credibility.

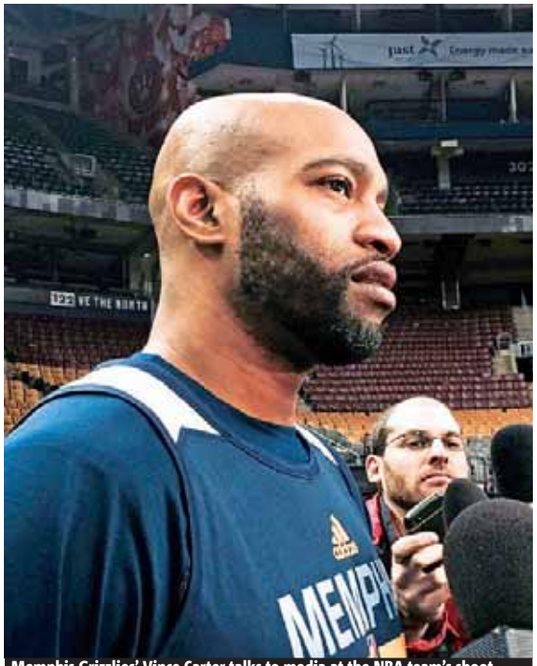
Almajid made allegations in 2011 that three FIFA executive committee members were paid $1.5 million to vote for Qatar. THE ASSOCIATED PRESS

Chilling effect

"Who else is going to want to come forward and be a FIFA whistleblower?"

Phaedra Amajid

Carter admits coming to the ACC is 'special'



Memphis Grizzlies' Vince Carter talks to media at the NBA team's shootaround in Toronto on Wednesday. LORI EWING/THE CANADIAN PRESS

Video tribute. Former Raptors superstar gets special treatment while visiting with Grizzlies

Each time Vince Carter returns to the Air Canada Centre, he looks for the banner that hangs from its rafters.

The flag commemorates the first Raptors game in the arena.

"It's still special coming here; it's still fun," Carter said after Wednesday morning's shootaround. "It's weird; they move this flag every time. I struggle finding it, but when I walk in here seeing 'February 20th, 1999,' that's the first thing I think of: when this building opened.

"I just remember getting the opportunity to make history. Making the first shot. You can't take that away."

Charles Oakley found Carter who finished with — no surprise — a dunk on that first shot.

It's been nearly 10 years since the former Raptors superstar left Toronto. While his departure left many of the team's fans enraged, he's always maintained he has fond feelings for the city and team that made him a household name.

As part of their 20th anniversary celebrations, the Raptors planned to honour Carter with a video tribute during a first-quarter timeout.

"It's something that's memorable to me, to see the video right here, in the building where it all happened. You can't beat that. It's one thing to sit at home watching with your friends or watch it on a computer, but right here? It's special." THE CANADIAN PRESS

Grizzlies vs. Raptors

Go to metronews.ca to find out how Vince Carter was welcomed back to Toronto and the final score of the game.

Try nom ties a bow on great year

Magali Harvey from Quebec City has been nominated for the International Rugby Players' Association Try of the Year. Scan the image with your Metro News app to view video of Harvey's try in August's World Cup semifinal. JORDAN MANSFIELD/GETTY IMAGES

Most improved of 2014

Bouchard gets WTA award

Canada's Eugenie Bouchard was named the WTA's most improved player of the year on Tuesday.

Bouchard reached the semifinals at three of the four Grand Slams this year and made it to the final at Wimbledon last summer. She became the first Canadian singles player to reach a Grand Slam final in the modern era. THE CANADIAN PRESS

Penguins forward

Doctors find a blood clot in Dupuis' lung

Pascal Dupuis spent the first nine months of 2014 recovering from torn ligaments in his right knee.

The comeback barely lasted eight weeks.

Doctors diagnosed the 35-year-old Penguins veteran with a blood clot in his lung on Wednesday, likely ending his season and maybe his career. THE ASSOCIATED PRESS

First openly gay player

Jason Collins to retire from NBA

Jason Collins, the first openly gay man to play in one of the four major North American professional leagues, announced his retirement Wednesday after 13 years in the NBA.

The 35-year-old Collins disclosed his plans in a first-person story for Sports Illustrated. It's the same forum he used in April 2013 to publicly reveal his sexuality. He joined the Brooklyn Nets in February and played 22 games for the team but was not on the roster this season.

"It feels wonderful to have been part of these milestones for sports and for gay rights and to have been embraced by the public, the coaches, the players, the league and history," Collins wrote. THE ASSOCIATED PRESS

Sunday game at risk

Bills stadium literally snowed in

The Buffalo Bills are looking for anyone with a snow shovel and plenty of spare time.

With four feet of snow having fallen at Ralph Wilson Stadium over the past two days, the Bills are racing the clock and Mother Nature to have the facility cleared in time to host the New York Jets on Sunday.

It's unclear whether they'll make it.

"It's hard to tell. If we didn't get any more snow from here on out, we would be fine," Bills VP of operations Andy Major said Wednesday. "Knowing that we have another one to two feet potentially coming overnight, that just poses another challenge."

Major hopes to round up 500 people to clear the facility. THE ASSOCIATED PRESS

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AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

metro AR

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
There is nothing to be gained and a great deal to be lost if you act purely on emotion. It will pay you to wait a day or two before deciding what to do about a relationship.

♉ Taurus
April 21 - May 21
Concentrate on what you are good at and ignore everything else. You may find that difficult as the planets seem determined to disrupt your routine.

♊ Gemini
May 22 - June 21
Ignore those who urge you to take a more "balanced" approach. If you want something enough you must go out and get it.

♋ Cancer
June 22 - July 23
A little of what you fancy will do you good today, but don't go overboard and consume too much or you could make yourself sick.

♌ Leo
July 24 - Aug. 23
No matter how difficult it has been resolving a dispute, today's cosmic picture will help you find the compromise. You may have to give a little more than you expected.

♍ Virgo
Aug. 24 - Sept. 23
Pretend you have faith in someone's abilities, even if you doubt they are up to the job. If you say the wrong thing now you may destroy their confidence completely.

♎ Libra
Sept. 24 - Oct. 23
Affairs of the heart are vital but as relationship planet Venus squares up to Neptune, planet of illusion, you are advised not to take them seriously.

♏ Scorpio
Oct. 24 - Nov. 22
Some situations call for subtlety, some call for assertiveness, but whatever circumstances you face over the next 24 hours you'll come up smelling of roses.

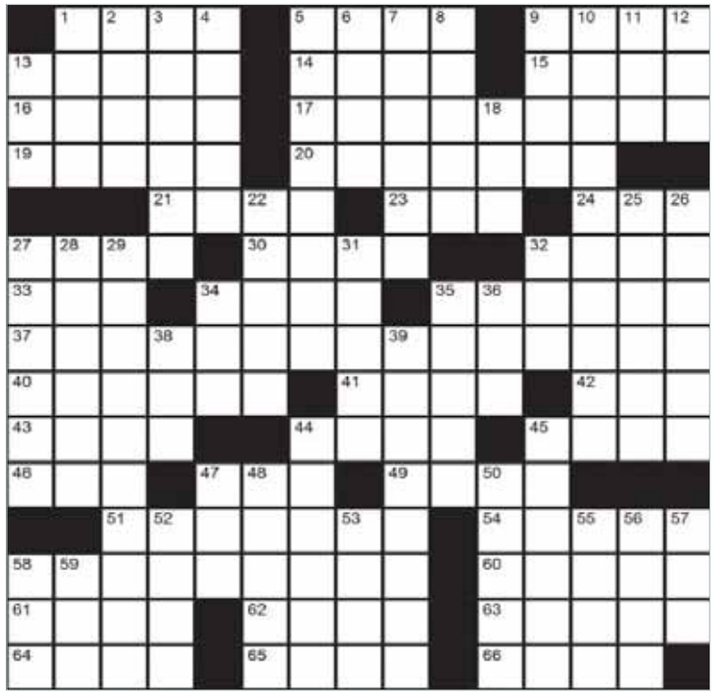
♐ Sagittarius
Nov. 23 - Dec. 21
It appears someone's grabbed your attention but don't give them the impression you are desperate. If you do all the chasing at the beginning it will be the pattern for the future.

♑ Capricorn
Dec. 22 - Jan. 20
What you do today is maybe not so important, but how you do it is. Throw yourself in 100 per cent. Your passion will do your reputation no harm at all.

♒ Aquarius
Jan. 21 - Feb. 19
Caution is needed today when dealing with employers. But that does not mean you have to put up and shut up. Be subtle in your criticisms.

♓ Pisces
Feb. 20 - March 20
It may at times seem as if you are the only one who thinks logically but something will convince you today that you are not alone. Others share your values and opinions.

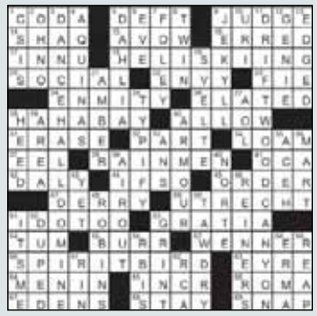
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Not his
5. Boring
9. Cracked a bit
13. Break a Commandment
14. Latvia's capital
15. Thespian's request
16. __ in Wonderland
17. Outdoor skating spot in Halifax: 2 wds.
19. Contradict
20. Creature like #58-Across
21. Bus. bigwig
23. Lettered drug
24. Tic-__-Toe
27. Garden waterer
30. __ poker
32. Fun time
33. __ & Dec ("Britain's Got Talent" hosts)
34. Process part
35. Ancient Olympic deity
37. Moraine and Peyto in Banff National Park = __-__ __
40. Lowest amts.
41. Grannies: German
42. 'Hero' suffix
43. Supersonic interceptor aircraft developed-then-halted in Canada in the 1950s, __ Arrow
44. Thurs. followers
45. "Meet Me __ __. Louis" (1944)
46. Prefix with 'classical'
47. Montreal Mrs.
49. Hockey: __ pads
51. Quebec singer Mitsou's surname
54. Icelandic singer
58. "Star Wars" (1977) character
60. TV show: French
61. Had on
62. "Is it just __ __..."
63. Story, in a house, in French
64. "__ Congeniality" (2000)
65. "_ __" ('60s espionage series)
66. Zilches#

Down
1. Mittens-mending reason
2. Malefic
3. Cook's secret creation
4. Ranch animal
5. '80s sitcom, "Punky __"
6. Red carpet auto
7. From times-of-yore
8. Hears the herald angels!
9. Skincare stuff
10. Bee Gees '75 hit: 2 wds.
11. Ms. Gasteyer
12. Faith [abbr.]
13. Hailed ride
18. Care
22. "Melrose Place" star Rob
25. Canadian apple juice brand
26. Broom __
27. J.R. Ewing portrayer Larry
28. TV: Happening now, not taped: 2 wds.
29. Hamilton folk singer (b.1949 - d.1983) who wrote "Northwest Passage": 2 wds.
31. __ __ the challenge (Ready to take things on)
32. Red carpet accessory
34. Actor Alastair
35. Add _ __ of salt
36. Polite abbreviation
38. Techie exec.
39. Envoy
44. Property separators
45. Chin __, Vancouverite in The New Royales
47. World Series org.
48. "The Golden Girls" city
50. Norwegian dramatist Henrik
52. Lamb mothers
53. Late-'80s flick, "Rent-_-__"
55. Unwritten
56. Sets up
57. Vancouver: Sam __ Building (Built in 1913, it's famous for its narrow structure)
58. Valley, in Wales
59. Masses, with Polloi

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

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Yesterday's Sudoku

5	7	1	3	8	2	6	4	9
9	2	3	4	5	6	7	1	8
8	4	6	7	9	1	3	5	2
6	9	2	8	7	5	4	3	1
3	1	8	9	6	4	5	2	7
4	5	7	2	1	3	8	9	6
7	8	5	1	4	9	2	6	3
1	3	4	6	2	8	9	7	5
2	6	9	5	3	7	1	8	4

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Single - 2,834 sq.ft.
was ~~$530,990~~ | now $494,490
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73,321 km, AWD, stk# 36335

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2011 Chevrolet Traverse

86,769 km, 4WD, stk# 13083A

$18,980† — $93* weekly taxes included

2008 Dodge Nitro

86,487 km, 4WD, stk# 35311

$11,980† — $59* weekly taxes included

2013 Ford Escape

35,707 km stk# 36231

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2012 GMC Acadia

53,659 km, AWD, stk# 36215

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2011 Mitsubishi Outlander

70,600 km, 4WD, stk# 35238A

$17,800† — $88* weekly taxes included

2011 Nissan Juke

63,444 km, stk# 36302

$14,460† — $71* weekly taxes included

2006 Saturn Vue

134,857 km, FWD, stk# 35306A

$5,800† — $66* weekly taxes included

2010 Jeep Wrangler

52,373 km, V6, stk# 36258

$17,760† — $81* weekly taxes included

2010 Toyota RAV4

96,409 km, 4WD, stk# 35896

$16,880† — $83* weekly taxes included

2009 Volkswagen Tiguan

116,447 km, 4MOTION, stk# 36291

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